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1 WELCOME

The National Paralympic Committee of Germany has the pleasure to invite all federations and foreign clubs to take part at the Internationale Deutsche Meisterschaften Berlin Para Swimming.

This meet is open to classified swimmers with a disability from all nations. For athletes with a national classification the exceptions have to be submitted with the entry.

2 GENERAL INFORMATION

2.1 Dates & General Information

Date of Competition: 19th June – 22nd June 2025

All entries by online entry: Entry Portal IDM Berlin 2025

Entry Deadline: 04th May 2025 23:59 CET

Organizer: Behinderten- und Rehabilitations- Sportverband Berlin e.V.

Contact LOC: Claudiu Ciurea

2.2 Venue Overview

Schwimm- und Sprunghalle im Europa Sportpark

Paul - Heyse - Strasse 26

10407 Berlin

Germany

Pool: Competition pool Warm up/down pool

Size: 50 x 25m, depth 3m 50 x 25m, depth 2,10m

Water temperature: 26°C 26°C No of lanes: 10 10

Kind of ropes: Super Wave killer Wave killer

Timing system: Omega electronic timing

The warm up / swim down pool will be available during the whole competition.







2.3 Traveling to Berlin

Berlin has one international airport, Flughafen Berlin Brandenburg (BER).

When traveling by train, the closest station is Berlin Ostbahnhof but Berlin Main Station is possible as well.

For teams traveling by car: Please note, the inner city in Berlin is declared as environmental zone, only low-emission vehicles are allowed into. These vehicles must be identified by a green sticker. More information can be found here.

2.4 Visa

It is the responsibility of each nation to ensure they have the proper documentation to enter Germany. Should visa be required, please contact Ulrike Hentschel at NPC Germany for a letter of support (if required) via hentschel@dbs-npc.de. Please use the attached form for Visa applications (also at downloads at IDM website).

Please note, an informal letter from your NPC is required to get the letter of support. To check if you need a visa for entering Germany, please check with the <u>Federal Foreign Office</u>.

2.5 Accommodation and Transport

It is up to the teams to arrange their transports, hotel and meals.

2.6 Competition Fee

The entry fee is: € 160 per swimmer

€ 50 per staff (coaches, medicals, assistance, etc.)

€ 30 per relay

Late entry fee: € 20 per single change (addition and changes) after 10th May 2024

Entry fees do not include accommodation, transport in Berlin and meals!

For the entry fees you will receive an official invoice with a payment deadline and reference number. Account details for the entry fee payment will be listed on the entry fee invoice sent to the NPC or club due to their entries made in the online entry system. The fee must be paid before 01st June 2025. For all payments made after this deadline we will charge an extra fee of 50,00 €.







3 SPORT ENTRIES

Our online-entry-system will be the only way to enter and edit team contacts, swimmers and staff, entries, all-in-package bookings, etc. An import of LENEX/DSV7 files is possible.

3.1 Entries

Event Entry Deadline: Sunday, 04th May 2025 23:59 CET

Athletes, and staff need to be registered until that date. After this deadline it will NOT be possible to enter additional personal.

Events can be entered and changed until the event entry deadline.

. Late registrations/re-registrations after this day are not permitted.

3.2 Confirmation of entries and corrections

All NPCs/teams will be informed about their entries as of <u>14th May 2025</u>. Corrections to all errors, e.g. in the spelling of names or year of birth, entry times, distances or ID numbers, must be reported to the e-mail address <u>meldung@idm-schwimmen.de</u> by 1st June 2025. If the correction is not made within the set deadline, a processing fee of 20,- EUR/person will be charged.

3.3 Competition Format and Schedule

Internationale Deutsche Meisterschaften im Para Schwimmen will be run under World Para Swimming technical swimming rules and regulations. The competition is open for swimmers with a physical, a visual or an intellectual impairment. Competitions for the classes S1 - S14 will be offered. Seeding will be done according to entry times and independently of classification. All rankings will be done by German 1000 Point System.

The event schedule can be found in the attachment. For all changes and updates, please check the event website www.idm-schwimmen.de.

3.4 Swimmers Eligibility

WPS licensed Swimmers have to enter the event using their WPS SDMS ID and their current World Para Swimming classification which may be found online at https://www.paralympic.org/swimming/classification/masterlist

International Swimmers without an international classification will be allowed to take part in the heats and finals with their national classification and exceptions. It is the responsibility of the entering federation or club to enter the exceptions for these swimmers at the entry portal in case of





participation with national classification. The competitor will be handled like an able bodied swimmer without entered exceptions.

3.5 Rules & Regulations

For all events the current World Para Swimming Rules and Regulations (<u>WPS Rules & Regulations</u>) apply. The multiclass format by points (german 1000 point system) will be in use for IDM. The following amendments to the World Para Swimming Rules and Regulations will apply for this competition:

3.5.1 Restrictions for Competition Entries:

Due to the German Youth Protection Act swimmers born in 2014 and 2015 are allowed to swim 6 events per day only, including heats and finals. Additionally, these swimmers are not allowed to swim the events of 200 butterfly, 400 IM and 800 freestyle.

There are restrictions for some classes for the events 150mIndividual Medley (list of events in appendix).

a) 800m Freestyle, 400m Individual Medley:

There will be maximum two (2) heats in the events of 800m freestyle and 400 individual medley. The best 20 entries per event will be accepted by system of 1000 – points. All Athletes born 2013 (and before) are not allowed to enter this competition.

b) 400m Freestyle:

We will only accept the best 40 entries by points for the heats in the events of 400m freestyle in Open Class. .

3.5.2 Finals:

The participating swimmers in the multi-disability finals will be determined by comparing the achieved times from the preliminary event by 1000 - point system.

In the case of a tie race by points and no waiver of the final place there will be a swim off. Seeding and ranking of all Finals will be by points.

IDM Berlin Final:

The best 10 swimmers by points per final event qualify for the IDM Berlin Final. There will be named up to 3 reserve swimmers. The 150m final will be offered for a minimum of 4 swimmers.

IDM Berlin Youth Final:

The best 10 youth class swimmers by points per final event, not qualified for the IDM Berlin Final qualify for the IDM Berlin Youth Final. There will be named up to 3 reserve swimmers.

Withdrawals for multi-disability finals:

Withdrawals for multi-disability finals (including substitutes) must be made no later than half an hour after the results are presented.







If there are less than 6 swimmers for an IDM final, the final will be not swum. Finals will take place in a block of all finals.

3.5.3 Age Groups:

Open: Offene Klasse (Open Class) all competitors from YoB 2015

Youth: Jugend A (Youth A) yob 2008 – 2009

 Jugend B (Youth B)
 yob 2010 – 2011

 Jugend C (Youth C)
 yob 2012 – 2013

 Jugend B (Youth B)
 youth 2014 – 2015

Jugend D (Youth D) yob 2014 – 2015

4 COMPETITION INFORMATION

4.1 General Information

All relevant information, forms, links and results are to be found on the competition website www.idm-schwimmen.de

4.2 Competition Venue

Most of the competition venue and the next door Velodrom is built under ground level, the street view of the venue are concrete steps and a park. When entering the venue from the main street (Landsberger Allee) through the park on top of it, take the stairs or elevators to sub level 2 and enter through the swimming venues athletes' entrance.

When coming by car, follow the Paul-Heyse-Straße to the very end and enter the car park at the barrier. Take the right way to get to sub level 2. Follow the way until you nearly get up again to find the swimming venues athletes' entrance.

4.3 Parking

Parking is available all around the competition venue. For the venue's car park a parking or transit permission is needed. Because of the small size of the parking venue the parking permits will be given only to wheelchair users or athletes with severe walking disabilities travelling with their own car. For parking and transit permissions for the competition venue please use the this <u>forms</u>. We can only accept forms received at the latest **06**th **June 2025**. Permits can be picked up at the accreditation.

4.4 Training

There are limited training possibilities from Monday to Wednesday. There will be a timetable for training times for these days, the lanes given in the training schedule must be abided to and may not be changed. Training is possible during the following times:

Monday, 16/06/2025 10:00 am – 06:30 pm







Tuesday, 17/06/2025 07:00 am – 06:30 pm Wednesday, 18/06/2025 07:00 am – 06:30 pm

Thursday to Sunday 07:00 am until 1 hour after last victory ceremony (training pool)

For training opportunities please enter your training preferences here.

4.5 Technical Meeting

The Team Managers Meeting will take place on Wednesday 18th June 2025 at 7:00 pm at the competition venue.

4.6 Warm-up & Swim-down

The venue opens at 7:00 am and will stay open until one hour after the last victory ceremony in the evening. From 7:00 am to 8:30 am warm up is possible in the competition pool.

At all other times the upstairs pool (10 lanes 50m) is open for warm-up and swim-down during all competition days from 7:00 am until one hour after the last victory ceremony at least.

The diving pool cannot be used for warm-up and swim-down!

4.7 Ice Baths, Massage Tables, Race analysis

Ice baths will not be available.

A registration is necessary to do physiotherapy or massages. Areas will be foreseen for these kinds of treatments.

There is a race analysis area on the second level on the entrance site of the venue. Tables and power plugs will be available earliest from Wednesday 18th Jube 2025.

Please respect the marks and DO NOT take away any tables, plugs, chairs etc. DO NOT exit the venue through the glass doors at the race analysis area! They are alarm secured!

4.8 Changing Rooms

Changing rooms are available at the competition level and next to the warm-up pool. Both sets of changing rooms have accessible facilities as well. Please follow the signs.

4.9 Accreditation Office

The Opening hours of the accreditation office are:

Monday, 16/06/2025 till

Wednesday, 18/06/2025 08:00 pm – 12:00 am and 03:30 pm – 05:30 pm

Thursday, 29/06/2025 till

Saturday, 21/06/2025 07:00 am - 10:00 am and 03:30 pm - 05:30 pm

Sunday, 22/06/2025 07:00 am – 10:00 am







4.10 Sport Information Desk (SID)

The Sport Information Desk is located next to the 50m call room on the competition deck level of the venue.

A Sport Information Desk will operate at the competition venue on the days of competition, as well as during the training session on Wednesday 18th June 2025 from 3:00pm. It is the primary and only point of distribution for all event related information including the following:

- Distribution of start lists for the NPCs;
- Official communication with teams;
- Official forms distribution (Relay Entry form, Protest form, Medical withdrawal form);
- Liaison between teams and LOC.

For all Documents that have not been picked up from the SID at the end of the competition on Sunday the organizer assumes no liability.

4.11 Athletes & Team Officials Seating

All teams can use the stands of the venue. There will be a public only area beside the starting side at the entrance side stands.

Please note, both seating areas have emergency exits that must be free at all times! DO NOT put anything if front of marked emergency exits!

4.12 Accreditation

For team accreditation you need to register your team at our IDM Berlin entry portal.

Accreditation cards will be provided to each team based on the listing made through the online entry portal.

Accreditation cards will be needed on competition days to enter the venue and the competition areas.

Athletes must bring their accreditation cards to enter the call room! Without showing the card, access to the venue will not be possible. The cards can be picked up at the accreditation office from Monday 16/06/2025. The accreditation office can be found at the athletes' entrance.

In case an accreditation card gets lost, a replacement card can be asked for at the accreditation office. There will be a fee of 20€ to be paid cash on site to replace an accreditation card.

5 Victory Ceremonies

Medals and diplomas

Heats: youth classes A, B, C, D, Masters classes 1, 2, and 3

Timed Finals: open and youth class ranking by 1000-point-system

800m freestyle, 200m backstroke, 200m breaststroke,

200m butterfly, 400m individual medley,

open class for all relay events







Finals: open and youth finals ranking by 1000-point-system

There will be ceremonies for finals and timed finals only. All ceremonies will be held in the final sessions. NPC Germany and Berlin Para Sports requests the cooperation of all swimmers and coaches in the presentation of medals. Medal presentations will be held as soon as possible after the results have been published. Place getters should proceed directly to the presentation area in their team uniform.

All diplomas and medals of the preliminaries can be picked up at SID. We will not redirect diplomas and medals.

6 MEDICAL & ANTI-DOPING INFORMATION

6.1 Anti-Doping

The Championships are part of the NADA and NPC Germany Anti-Doping-Testing-Pool. As a condition of entry, competitors agree if selected for testing to submit to Doping Control under the jurisdiction of the National Anti-Doping Agency Germany. The Anti-Doping Rules of NPC Germany apply to this event.

Results management for any Anti-Doping Rule Violation will remain the responsibility of the applicable National Federation.

It is the responsibility of each athlete to comply with the Anti-Doping Rules of NPC Germany while at this event. In addition, it is the responsibility of each athlete to submit to Doping Control at this event if selected for testing.

The Anti-Doping control / processes will be carried out in full accordance with the IPC Anti-Doping Code and the IPC Doping Control Agreement.

https://www.paralympic.org/swimming/rules-and-regulations/anti-doping

6.2 Medical Services at the Venue

First aid service will be available at the competition venue throughout the competition days.

6.3 Insurance

Each NPC must ensure that all members of their delegation are appropriately insured, including coverage for travel, liability, accidents, and repatriation. All delegation members must have appropriate accident and health insurance accepted to compete. The LOC will provide only basic medical services at the venue





No medical insurance will be provided to any of the participants. All participants are responsible for obtaining their own medical insurance (including Repatriation Coverage) and will be responsible for any medical expenses resulting from participation in the event.

In case of a cancellation of the event the LOC will not refund or cover any costs concerning travel to the NPC/Teams.

6.4 Medical Attention

For any medical problems that cannot be treated by the competition's first aid service, the Emergency Room of the close by hospital will be the contact point.

Address:

Rettungsstelle Vivantes Krankenhaus Friedrichshain Landsberger Allee 49 10249 Berlin

Phone: +49 30 130 23 0

6.5 Data Service

We collect data for the appropriate service of IDM Berlin and no other purposes. We are following german and European laws.





7. Appendix

7.1 Championships Programme

All relay rankings will be openly based on points.

Thursday 19th June 2025 - heats 9.00 - finals 17.00

200m Freestyle	male and female	S1-14	heats and finals
100m Butterfly	male and female	S1-14	heats and finals
100m Breaststroke	male and female	SB1-14	heats and finals
4x50m Individual Medley	mixed	S1-14	timed finals
400m Individual Medley	male and female	SM1-14	timed finals
200m Backstroke	male and female	S1-14	timed finals

Friday 20th June 2025 - heats 9.00 - finals 17.00

100m Freestyle	female and male	S1-14	heats and finals
50m Backstroke	female and male	S1-14	heats and finals
150m Individual Medley	female and male	SM1-4	heats and finals
4x100m Freestyle	mixed	S1-14	timed finals
800m Freestyle	female and male	S1-14	timed finals

Saturday 21st June 2025 - heats 9.00 - finals 17.00

50m Freestyle	male and female	S1-14	heats and finals
50m Breaststroke	male and female	SB1-14	heats and finals
400m Freestyle	male and female	S1-14	heats and finals
4x100m Individual Medley	mixed	S1-14	timed finals
200m Butterfly	male and female	S1-14	timed finals

Sunday 22nd June 2025 – heats 9.00 – finals 16.00

100m Backstroke	female and male	S1-14	heats and finals
200m Individual Medley	female and male	SM1-14	heats and finals
50m Butterfly	female and male	S1-14	heats and finals
4x50m Freestyle	mixed	S1-14	timed finals
200m Breaststroke	female and male	SB1-14	timed finals



7.2 Offered Events of the IDM Berlin 2025

	start class S / SB / SM														
competition	1	2	3	4	5	6	7	8	9	10	11	12	13	14	AB
50m free															
100m free															
200m free															
400m free															
800m free															
50m breast															
100m breast															
200m breast															
50m back															
100m back															
200m back															
								•							
50m fly															
100m fly															
200m fly															
150m IM															
200m IM															
400m IM															
4x50m IM															
4x50m free															
4x100m IM															
4x100m free															